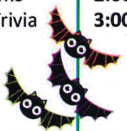




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Adventures In Caring Visiting Our Seniors to Chat And Connect With Them. Times TBA As Available	Villa Alamar 45 East Alamar. Santa Barbara CA . 93105 (805) 682-9345. VillaAlamar.com Lic.425850001. Hydration is served daily @ 10:00a.m. Lunch @11:30-12:45, & Snack @ 2:00 p.m <i>Schedule is subject to changes</i>		Please Join Us For A Spooktacular Halloween Carnival. Enjoy Fun Finger Food, Fun Games w/ Prizes, A Petting Zoo, & 1st, 2nd, & 3rd Prizes For Best Costumes! Wednesday October 28th From 2:00-3:00/30 Please RSVP By Thursday 22th at Michelle@VillaAlamar.com 			
	All October's Birthday Celebration Will Be On Wednesday October 14th at 10:30 p.m. With Teka's Music Ditte W 10, 13th Cheryl J 10, 16th Colin N 10, 18th Ginny H 10, 23rd 		9:30 Swaying Noodles 10:30 Teka's Guitar Music—CCHH&H 1:30 Autum Gallery Show 2:00 Memory Lane Of 60's0 3:00 Cinderella 	9:30 Breath Exhale 10:30 Parachute Gather 1:30 Cycling W/ Out Age 2:00 Nature Hour 3:00 Fidgets For Brain Fitness	9:30 Swaying Noodles 10:30 Literature W/ Gail C 1:30 Nature Track Outing 2:00 Mediterranean Bliss 3:00 The King & I 	9:30 Breath & Exhale 10:30 Bowling Alley 1:30 Fresh Flowers Arrangements 2:00 Memory Cards Games 3:00 Brain tickle Trivia
9:30 Dancing w/ Scarves 10:30 News Stories 1:30 Stroll In the Garden 2:00 Golden Oldies 3:00 Three Sequence Puzzle 	9:30 Knees In Rhythm 10:00 Serenity Art w/ Ella—CCHH&H 1:30 Jokes & Riddles 2:00 Garrix & Kygo's Avicii, Dual Lipa 3:00 Cards Match Games	9:30 Dancing w/ Scarves 10:30 Socks Seeks Their Match 1:30 Susie Q Sing Along 2:00 Rainforest Waterfalls 3:00 Dominoes & Uno Cards Games	9:30 Knees In Rhythm 10:30 Bingo 1:30 Music For The Soul W/ Stefana D—VNA 2:00 Hot Air Balloon Festival Show 3:00 Oklahoma 	9:30 Dancing w/ Scarves 10:45 Serenades W/ Gonzalo 1:30 Cycling W/ Out Age 2:00 Classical Orchestra 3:00 Bird Watching w/ Binoculars	9:30 Knees In Rhythms 10:30 Literature W/ Gail C 1:30 Brain Cube Games 2:00 Rivers In Motion 3:00 The Fiddle On The Roof 	9:30 Flying Balloons 10:30 Loteria 1:30 Fresh Flowers arrangements 2:00 Palace Gardens 3:00 Visual Poetry
9:30 Chair Yoga 10:30 Mandala Coloring 1:30 Famous Monuments Of The world 2:00 Rose Gardens 3:00 Poetry Club	9:30 Flying Balloons 10:30 Poster Board Cross- word puzzle 1:30 Anecdotal Sharing 2:00 Music Connection 3:00 Current Season Trivia	9:30 Chair Yoga 10:30 Challenge Puzzle Connect 1:30 UCSB Art Alliance 2:00 La Dolce Melodia 3:00 Bowling Alley	9:30 Flying Balloons 10:30 Birthdays Celebration w/ Teka's Music 1:30 History Has It That...! 2:00 Life By The Reefs 3:00 Cocoon 	9:30 Chair Yoga 10:30 Water Colors Canvas 1:30 Cycling W/ Out Age 2:00 Fall Ambience Sceneries 3:00 Iconic Light Houses	9:30 Flying Balloons 10:30 Literature W/ Gail 1:30 California Trivia 2:00 Butterflies' Garden 3:00 Cocoon (The Return) 	9:30 Swaying Noodles 10:30 Socks Seek Their Match 1:30 Fresh Flowers Ar- rangements 2:00 Nature Sounds 3:00 Sports Hour
9:30 Reach For The Sky 10:30 Crossword Puzzles 1:30 Deep Ocean Life 2:00 Good Mood Jazz 3:00 Trivia Of Hawaiian Islands	9:30 Swaying Noodles 10:00 Serenity Art w/ Ella—CCHH&H 1:30 Wild Baby Animals 2:00 Frank Sinatra 3:00 Sensory Boards	9:30 Reach For The Sky 10:30 Loteria 1:30 UCSB Art Alliance 2:00 Wild Horses Show 3:00 Giant Target Velcro Balls	9:30 Swaying Noodles 10:30 Aqua Mystery Painting 1:30 Baby Farm Animals Clips 2:00 Music of our Times 3:00 The Pirate 	9:30 Reach For The Sky 10:45 Serenades W/ Gonzalo 1:30 Cycling W/ Out Age 2:00 Calm Zens 3:00 Old Wisdom Trivia	9:30 Swaying Noodles 10:30 Literature W/ Gail C 1:30 Stroll In The Garden 2:00 Therapeutic Sounds 3:00 Flower Drum 	9:30 Dancing w/ Scarves 10:30 Fidget Boards 1:30 Fresh Flowers Arrangement 2:00 Lakeside Tranquil Jazz 3:00 Sing Along 70's
9:30 Knees In Rhythm 10:30 Sports Hour 1:30 Susy Q Sing Along 2:00 Sakura Blossoms 3:00 Old Wisdom Trivia 	9:30 Dancing W/ Scarves 10:30 Art By Colors 1:30 Geo Fidget Cubes 2:00 Aquariums Trivia 3:00 Architectural Wonders	9:30 Knees In Rhythm 10:30 Poetry Club 1:30 The Arts (A visual Gallery) 2:00 Nature Sounds 3:00 General Knowledge Trivia (50/60's Food Logos)	9:30 Dancing w/ Scarves 10:30 Sensorial Gadgets 1:30 Jokes & riddles 2:00 Halloween Carnival 	9:30 Kness In Rhythm 10:30 Giant Loteria 1:30 Cycling W/ Out Age 2:00 National Geography 3:00 Sports Hour	9:30 Swaying Noodles 10:30 Literature W/ Gail 1:30 Karaoke Fun 2:00 Memory Lane Of 60's0 3:00 Cinderella 	9:30 Flying Balloons 10:30 Sequence Puzzles 1:30 Fresh Flowers Arrangements 2:00 Memory Lane Of 60's0 3:00 Fidget Boards 