

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy 4th of July Barbecue Wednesday July 1st at noon Live Music by Adriana Reyna Please RSVP by 29th at Michelle@VillaAlamar.com						
Adventures In Caring Visiting Our Seniors to Chat And Connect With Them. Times TBA As Available	July's Birthdays Celebration Will Be On Wednesday July 15th at 10:30 AM With Teka's Music Lorayne H July 17th Lise R July 18th		9:30 Swaying Noodles 10:30 Teka's Music—CCHH&H 12:00 4th Of July Barbecue 2:00 Memory Lane - The 60's 3:00 Cinderella	9:30 Breath Exhale 10:30 Parachute Gather 1:30 Cycling Without Age 2:00 Nature Hour 3:00 Fidgets For Brain Fitness	9:30 Swaying Noodles 10:30 Literature w/Gail C 1:30 Velcro Target Balls 2:00 Mediterranean Bliss 3:00 The King & I	9:30 Breath & Exhale 10:30 Bowling Alley 1:30 Comedy Hour 2:00 Memory Cards Games 3:00 4th Of July Trivia
9:30 Dancing w/ Scarves 10:30 News Stories 1:30 Stroll In the Garden 2:00 Golden Oldies 3:00 Three Sequence Puzzle Connect	9:30 Knees In Rhythm 10:00 Serenity Art w/Ella CCHH&H 1:30 Jokes & Riddles 2:00 Garrix & Kygo's Avicii, Dual Lipa 3:00 Cards Match Games	9:30 Dancing w/ Scarves 10:30 Socks Seeks Their Match 1:30 Susie Q Sing Along 2:00 Rainforest Waterfalls 3:00 Dominoes & Uno Cards Games	9:30 Knees In Rhythm 10:30 The Book Of Fun Useless information 1:30 Music w/ Stefana Dadas 2:00 Hot Air Balloon Festival Show 3:00 Oklahoma	9:30 Dancing w/ Scarves 10:30 Words Search Sheets 1:30 Cycling Without Age 2:00 Classical Orchestra 3:00 Bird Watching w/ Binoculars	9:30 Knees In Rhythms 10:30 Literature w/Gail C 1:30 Brain Cube Games 2:00 Rivers In Motion 3:00 The Fiddle On The Roof	9:30 Flying Balloons 10:30 Loteria 1:30 Sing Along 2:00 Palace Gardens 3:00 Visual Poetry
9:30 Chair Yoga 10:30 Mandala Coloring 1:30 Famous Monuments Of The world 2:00 Rose Gardens 3:00 Poetry Club	9:30 Flying Balloons 10:30 Poster Board Cross-word puzzle 1:30 Anecdotal Sharing 2:00 Music Connection 3:00 Meadows Trivia	9:30 Chair Yoga 10:30 Challenge Puzzle Connect 1:30 Today in History 2:00 La Dolce Melodia 3:00 Bowling Alley	9:30 Flying Balloons 10:30 Birthdays Celebration w/ Teka's Music 1:30 History Has It That...! 2:00 Life By The Reefs 3:00 Cocoon	9:30 Chair Yoga 10:30 Water Colors Canvas 1:30 Cycling Without Age 2:00 National Geography 3:00 Iconic Light Houses	9:30 Flying Balloons 10:30 Literature /Gail C 1:30 California Trivia 2:00 Butterflies' Garden 3:00 Cocoon (The Return)	9:30 Swaying Noodles 10:30 Socks Seek Their Match 1:30 Flower Arrangements 2:00 Nature Sounds 3:00 Sports Hour
9:30 Reach For The Sky 10:30 Crossword Puzzles 1:30 Deep Ocean Life 2:00 Good Mood Jazz 3:00 Trivia Of Hawaiian Islands	9:30 Swaying Noodles 10:00 Serenity Art w/Ella CCHH&H 1:30 Wild Baby Animals 2:00 Frank Sinatra 3:00 Sensory Boards	9:30 Reach for The Sky 10:30 The Art Of Letting Go 1:30 Poetry In Motion 2:00 Wild Horses Show 3:00 Giant Target Velcro Balls	9:30 Swaying Noodles 10:30 Aqua Mystery Painting 1:30 Baby Farm Animals Clips 2:00 Music of our Times 3:00 The Pirate	9:30 Reach For The Sky 10:30 Mandala Coloring 1:30 Cycling Without Age 2:00 Calm Zens 3:00 Old Wisdom Trivia	9:30 Swaying Noodles 10:30 Literature w/Gail C 1:30 Stroll In The Garden 2:00 Therapeutic Sounds 3:00 Flower Drum	9:30 Dancing w/ Scarves 10:30 Fidget Boards 1:30 Baby Animals Clips 2:00 Lakeside Tranquil Jazz 3:00 Sing Along 70's
9:30 Knees In Rhythm 10:30 Sports Hour 1:30 Susy Q Sing Along 2:00 Sakura Blossoms 3:00 Old Wisdom Trivia	9:30 Dancing W/ Scarves 10:30 Art By Colors 1:30 Geo Fidget Cubes 2:00 Aquarium Wonders 3:00 Architectural Wonders	9:30 Knees In Rhythm 10:30 Poetry Club 1:30 Ella Fitzgerald Jazz 2:00 Summer Sceneries 3:00 Relax W/ Monty The Therapy Dog 	9:30 Dancing w/ Scarves 10:30 Bingo 1:30 Jokes & riddles 2:00 Nostalgic Music 3:00 South Pacific	9:30 Kness In Rhythm 10:30 Giant Loteria 1:30 Cycling Without Age 2:00 National Geography 3:00 Sports Hour	Villa Alamar 45 East Alamar. Santa Barbara CA . 93105 (805) 682-9345 VillaAlamar.com Lic. 425850001 Hydration Break 10AM, Lunch 11:30AM Snack 2PM, Dinner 4:45PM <i>Schedule is subject to change</i>	

