









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<p>Happy Mother's Day to our Lovely Mothers! Mother's Day Celebration Wednesday May 6th at 2pm. Enjoy Live Music By Adrian Reyna, Appetizers & Refreshments RSVP By Monday 05/04/26 Michelle@VillaAlamar.com</p>					
<p>3</p> <p>9:30 Scarves Dance 10:30 Book Club 1:30 Classic Piano Trivia 2:00 Wild Horses Migration 3:00 Humor Hour</p>	<p>4</p> <p>9:30 Brain Fitness 10:30 Art Therapy w/ ELLA—CCHH&H 1:30 Inspiring Poetry 2:00 Forest 3:00 Brain Tease Cubes</p>	<p>5</p> <p>9:30 Scarves Dance 10:30 Cinco De Mayo Trivia 1:30 UCSB Art Alliance 2:00 Cinco De Mayo Special P.M Snack 3:00 Animal Match</p> 	<p>6</p> <p>9:30 Brain Fitness 10:30 Teka's Therapy Music—CCHH&H 1:30 Jokes & Riddles 2:00 Mother's Day Celebration</p> 	<p>7</p> <p>9:30 Scarves Dance 10:30 Loteria 1:30 Cycling w/ Out Age 2:00 Gardens In 3:00 Brain Stimulating Boards</p>	<p>8</p> <p>9:30 Brain Fitness 10:30 Literature w/ Gail C 1:30 Senior Mini Stories 2:00 Wild Flowers Hills 3:00 Carrousel</p>	<p>9</p> <p>9:30 Scarves Dance 10:30 Seek & Match Cards 1:30 Fresh Flower Arrangements 2:00 Europe 3:00 Cards Match Games</p>	
<p>10</p> <p>9:30 Calm Aerobics 10:30 Today in History 1:30 Memory Lane 50's 2:00 Nature's Amazing Mothers 3:00 Game Hour</p>	<p>11</p> <p>9:30 Wake Up Moves 10:30 Puzzles Sequence 1:30 Trivia Challenge 2:00 River Wonders 3:00 The Book Of Fun Facts</p>	<p>12</p> <p>9:30 Calm Aerobics 10:30 Bingo 1:30 UCSB Art Alliance 2:00 Desert Landscapes 3:00 I Heard Of That! 60's Trivia</p>	<p>13</p> <p>9:30 Wake Up Moves 10:30 Puzzles Challenge 1:30 Jokes & Riddles 2:00 The Niagara Falls 3:00 Oliver</p>	<p>14</p> <p>9:30 Calm Aerobics 10:30 Mandala Coloring 1:30 Cycling w/ Out Age 2:00 Classical Orchestra 3:00 Stimulating Sensory Cards</p>	<p>15</p> <p>9:30 Wake Up Moves 10:30 Literature w/ Gail C 1:30 Karaoke Fun 2:00 Therapeutic Sounds 3:00 Billie Elliot</p>	<p>16</p> <p>9:30 Calm Aerobics 10:30 Socks' Soul Mates 1:30 Fresh Flower Arrangements 2:00 Jazz classics 3:00 Humor Hour</p>	
<p>17</p> <p>9:30 Balls In Motion 10:30 Puzzle Connect 1:30 Short Stories Club 2:00 Sakura Blossoms 3:00 Guess The Song</p>	<p>18</p> <p>9:30 Scarves Dance 10:30 Music 1:30 Sing Along 50's 2:00 Music Connection 3:00 Humor Hour</p>	<p>19</p> <p>9:30 Balls In Motion 10:30 Giant Dart Board 1:30 USCB Art Alliance 2:00 Tibetan Healing Flute 3:00 My Picture Talk (whose face is this?)</p>	<p>20</p> <p>9:30 Scarves Dance 10:30 Birthdays Celebration w/ Teka's Music 1:30 Wise quotes 2:00 Architectural Wonders 3:00 The Sound Of Music</p> 	<p>21</p> <p>9:30 Balls In Motion 10:30 Watercolors Canvas 1:30 Cycling w/ Out Age 2:00 Ela Fitzgerald jazz 3:00 Poetry Hour</p>	<p>22</p> <p>9:30 Scarves Dance 10:30 Literature w/ Gail C 1:30 Seniors Short Stories 2:00 National Geography 3:00 Brigadoon</p>	<p>23</p> <p>9:30 Balls In Motion 10:30 Parachute Gather 1:30 Fresh Flower Arrangements 2:00 Nat king Cole 3:00 Jokes & Riddles</p>	
<p>24</p> <p>9:30 Morning Stretches 10:30 Jokes & Riddles 1:30 Memory Lane 60's 2:00 Nature Sounds 3:00 The Book Of Useless Fun Facts</p>	<p>25</p> <p>9:30 Breathe & Exhale 10:30 Art Therapy w/ ELLA—CCHH&H 1:30 Trivia Challenge 2:00 California Mission Tour 3:00 Sentence Word Search</p>	<p>26</p> <p>9:30 Morning Stretches 10:30 Memorial Day Trivia 1:30 UCSB Art Alliance 2:00 Memorial Day Special P.M Snack 3:00 Therapy w/ Monty</p> 	<p>27</p> <p>9:30 Breathe & Exhale 10:30 Sentence's Word Search 1:30 Music For The Soul w/ Stefana Dadas—VNA 2:00 Wild Safary T ours 3:00 The Fiddle On The Roof</p>	<p>28</p> <p>9:30 Morning Stretches 10:30 Hearst Castle Tour 1:30 Cycling w/ Out Age 2:00 Rainforest Alive 3:00 Game Hour</p>	<p>29</p> <p>9:30 Breathe & Exhale 10:30 Literature w/ Gail C 1:30 True or False ?'s 2:00 River Wonders 3:00 Calamity Jane</p>	<p>30</p> <p>9:30 Morning Stretches 10:30 Jenga Building 1:30 Fresh Flower Arrangements 2:00 Iconic Lighthouses 3:00 Sing Along 60's</p>	
<p>31</p> <p>9:30 Wake Up Moves 10:30 Puzzles Sequence 1:30 Trivia Challenge 2:00 Spring Sceneries 3:00 Geography Trivia</p>	<p>Adventures In Caring visiting our seniors to Chat And Connect! Schedule is TBA , as available</p> 		<p>Villa Alamar 45 East Alamar. Santa Barbara CA . 93105 PH (805) 682-9345 VillaAlamar.com Lic. 425850001. Hydration is served daily @ 10am Lunch 11:30-12:45, & Snack @ 2pm Schedule is subject to changes</p> 		<p>All May's Birthdays Celebration Wednesday May 20th , 10:30am Elaine Kathleen Barbara</p> 