

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Let's Party! Let's Eat, Drink, And Be Lucky! 🍀 Thursday The 13th At 2pm  
Featuring Live Music By MacMarie Blanchard  
Please RSVP To [Michelle@villaalamar.com](mailto:Michelle@villaalamar.com) by Friday March 10th  
P.S. Green Makes You Invisible To Leprechauns Who Love To Pinch!



9:45 Skee-Ball Toss  
1:15 Meadow Sceneries  
3:00 Walks Around Our Gardens

2  
9:45 Crossword Dry Erase Boards  
1:15 Relaxing Waterfalls  
3:00 4 In A Row Game

3  
9:45 Chair Yoga  
1:15 Wild Animal Trivia  
3:00 WEST SIDE STORY 🍷

4  
9:45 Giant Loteria  
1:15 Sing Along  
3:00 Dominoes Boards

5  
10:30 Teka's Therapy Music -CCHH&H 🎸  
1:15 Book Club  
3:00 ID The Songs On The Dice

6  
9:30 UCSB Creative Arts 🎨  
1:30 Cycling W/ Out Age 🚲  
3:00 Brain Teaser Mystery Box

7  
10:30 Literature w/ Gail C 📖  
1:30 Therapy Art w/ Brooke -CCHH&H 🎨  
3:00 BILLIE ELLIOT 🎵

8  
9:45 Puzzle Connect  
1:15 Audio Poetry  
3:00 Mandala Coloring

9  
9:45 Magic Ink Painting Pads  
1:15 Golden Oldies 🎵  
3:00 Small Parachute Gather

10  
9:45 Scarf Dance  
1:15 Short Uplifting Stories  
3:00 STATE FAIR 🍷

11  
9:45 Word Scramble Mural  
1:30 Bubbles Galore  
3:00 Walk Around Our Gardens

12  
9:45 Canvas Painting  
1:30 Therapy Music w/ Stefana Dadas -VNA 🎸  
3:00 Travel Trivia

13  
9:30 Touring Ireland's Landmarks  
2:00 St. Patrick's Day Party. Featuring Live Music By MacMarie B 🎵

14  
10:30 Literature w/ Gail C 📖  
1:15 Rediscovering Deep Ocean Life  
3:00 OKLAHOMA 🎵

15  
9:45 Cards Matching  
1:15 Balloon Bash  
3:00 Sensorial Hand Massages

16  
9:45 Let's Talk (let's get personal!)  
1:15 Poetry Club  
3:00 Geography Trivia Cards

17  
10:30 Therapy Music w/ Stefana Dadas -VNA Birthday Celebrations 🎸  
1:15 Saint Patrick's Day Trivia  
3:00 GREASE 🍷

18  
9:45 Large Parachute Gather  
1:15 Karaoke Fun  
3:00 Jokes & Riddles

19  
10:30 Teka's Therapy Music -CCHH&H 🎸  
1:15 Audio Poetry  
3:00 Scenes Sequence Cards

20  
9:30 UCSB Creative Arts 🎨  
1:30 Cycling With Out Age 🚲  
3:00 Spin & Win Prize

21  
10:30 Literature w/ Gail C 📖  
1:30 Therapy Art w/ Brooke -CCHH&H 🎨  
3:00 CALAMITY JANE 🎵

22  
9:45 Jenga Towering  
1:15 True Or False Questions  
3:00 Crossword Dry Erase Boards

23  
9:45 Socks Seek Their Match  
1:15 Brain Teaser Mystery Box  
3:00 Bubbles Galore

24  
9:45 Breath & Relax  
1:15 Famous Old Proverbs  
3:00 THE BRIDGES OF MADISON COUNT 🍷

25  
9:45 Aqua Paintings  
1:15 Funny Baby Clips  
3:00 50's Short Uplifting Stories

26  
9:45 Can You Guess Where I Am AT?  
1:15 Insightful Picture Books  
3:00 I Remember That! (Historical events)

27  
9:30 UCSB Creative Arts 🎨  
1:30 Cycling With Out Age 🚲  
3:00 Animal Trivia Cards

28  
10:30 Literature w/ Gail C 📖  
1:15 Jokes & Riddles  
3:00 THE SIMPLE LIFE OF NOAH DEARBORN 🎵

29  
9:45 Inspirational Quotes  
1:15 70's Music Trivia  
3:00 Sing Along

30  
9:45 Target Velcro Balls  
1:15 Karaoke Fun  
3:00 Sensorial Hand Massages

31  
9:45 Calm Aerobics  
1:15 Bowling Alley  
3:00 SEABISCUIT 🍷

Villa Alamar 45 East Alamar. Santa Barbara CA . 93105  
(805) 682-9345. [VillaAlamar.com](http://VillaAlamar.com) Lic. 425850001.  
Hydration is served Daily @ 10am  
Lunch 11:30-12:45, & Snack @ 2pm  
Schedule is subject to changes  
Adventures in Caring Visiting to Chat and Connect with our seniors. TBA As Available

March's Birthdays Celebration  
Monday 03/17th @ 10:30 am  
Tessie T.....03/09th  
MaryAnn C.....03/17th