and Dam
<sup>C</sup> Dilla Alamar
MEMORY CARE







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All April's Birthdays Celebration Thursday the 11th @ 2:15. Live Music By Rod R	1st 9:35 Postures & Flexes 10:00 Today In History 1:15 Balls & Balance 2:00 Puppy Tales 3:00 The Pirate	2nd 9:35 Yoga Dance 10:00 Giant Loteria 1:15 Food Trivia 2:00 <u>Cathy's B-day</u> 3:00 Game Hour	3rd 9:35 Postures & Flexes 10:00 Trivia-Guess The Animals' Origins 1:15 Audio Poetry 2:00 Nature Sounds 3:00 The Dean Martin Show	4th 9:35 Yoga Dance 10:00 Word Search 1:15 Touring Museums 2:15 Easter Egg Hunt Gathering W/ Staff & Our Lovely Seniors	5th 9:35 Postures & Flexes 10:30 Literature w/ Gail C 1:15 Jokes & Riddles 2:00 Funny Baby Clips 3:00 Carousel	6th 9:35 Yoga Dance 10:00 Bingo 1:15 Bubbles Galore 2:00 Nature Sounds 3:00 Game Hour
7th 9:35 Wake Up Moves 10:00 Mandala Coloring 1:15 Current Events Talk 2:00 Classic Jazz 3:00 Sports Hour	8th 9:35 Balls In Motion 10:00 Wonder Bubbles 1:15 True or False ?s 2:00 <u>Ann's B-day</u> 3:00 Mary Poppins	9th 9:35 Wake Up Moves 10:00 Bingo 1:15 Dice ID Songs 2:00 Country Classics 3:00 Movement Time	10th 9:35 Balls In Motion 10:00 Places word Search 1:15 Audio Poetry 2:00 Nature Sounds 3:00 I Love Lucy Show	11th 9:35 Wake Up Moves 10:00 Word Search 1:15 Touring Museums 2:15 <u>Birthdays' Party Live Music By</u> Rod Robles	12th 9:35 Balls In Motion 10:30 Literature w/ Gail C 1:15 Places Trivia 2:00 Classic Guitar 3:00 Flower Drum	13th 9:35 Breath In Rhythms 10:00 Loteria 1:15 Ball Bash Around 2:00 Busy Puppies 3:00 Sports Hour
14th 9:35 Flexes w/ Balloons 10:00 Parachute Gather 1:15 Oldies Sing Along 2:00 Nature Sounds 3:00 Spiritual Songs	15th 9:35 Breath In Rhythms 10:30 Therapy Music w/ Stefana D from VNA 1:15 Life-Like Pet Visit 2:00 Classic Oldies 3:00 Oliver	16th 9:35 Flexes w/ Balloons 10:00 Cards Match 1:15 Jokes & Riddles 2:00 Puppy Tales 3:00 Tactile Hour	17th 9:35 Breath In Rhythms 10:00 Travel Clips- Guess The Place 1:15 Trivia Animals 2:00 Forest Animals 3:00 The Dean Martin Show	18th 9:35 Flexes w/ Balloons 10:00 Puzzles Connect 1:15 Audio Poetry 2.00 Lively Deep Ocean 3:00 Fun Social Gathering	19th 9:35 Breath In Rhythms 10:30 Literature w/ Gail C 1:15 Music Trivia 2:00 Relaxing Waterfalls 3:00 Billy Elliot	20th 9:35 Scarf Movements 10:00 Clay Sculpting 1:15 Travel to England 2:00 Nature Sounds 3:00 Movement Time
21st 9:35 Stretch & Reach 10:00 Word Search 1:15 Jokes & Riddles 2:00 Travel Sceneries 3:00 Sports Hour	22nd 9:35 Scarf Movements 10:00 Aqua Paintings 1:15 Current Events Talk 2:00 Funny Baby Clips 3:00 Meet Me In St. Louis	23rd 9:35 Stretch & Reach 10:00 Word Scramble 1:15 Karaoke Fun 2:00 Nature Sounds 3:00 Sports Hour	24th 9:35 Scarf Movements 10:00 Travel Through Historic Missions 1:15 Anecdotal Sharing 2:00 Busy Puppies 3:00 I love Lucy Show	25th 9:35 Stretch & Reach 10:00 Short Story Club 1:00 Art w/ Tonya From CCHH&H 2:00 <u>Sebastiano's &amp;</u> <u>Cathy's B-day</u>	26th 9:35 Scarf Movements 10:30 Literature w/ Gail C 1:15 True or False ?'s 2:00 Greece Travel 3:00 Cinderella	27th 9:35 Swifts w/ Noodles 10:00 Bingo 1:15 Audio Poetry 2:00 Classic Jazz 3:00 Game Hour
28th 9:35 Yoga Dance 10:00 Puzzles Con- nect 1:15 Cards Match 2:00 Ocean Waves 3:00 Game Hour	29th 9:35 Swifts w/ Noodles 10:00 Ball Bash Around 1:15 60's Short Stories 2:00 Nature Sounds 3:00 Oklahoma	30th 9:35 Yoga Dance 10:00 Loteria 1:15 Today in History 2:00 Relaxing Waterfalls 3:00 Humor Hour	Spring Has Sprung! So, Let's Hop, Roll, & Step into Spring W/ A Fun Easter Egg Hunt For Our Residents with Staff Thursday April 4th @ 2PM W/ Fun Snacks and Serene Music			

Villa Alamar - 45 East Alamar . Santa Barbara . CA . 93105 . 805-682-9345 . VillaAlamar.com . Lic.425850001 Schedule is subject to changes. Hydration is served daily at 10 a.m. and snack at 2 p.m.