

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Lets' Celebrate September's Birthdays on Wednesday the 6th at 2:15pm Enjoy light appetizers and karaoke birthday music Bonnie J, Lisa W, Bill K, & Yolanda S</p>					<p>9:35 Breath & Relax 10:30 Literature w/ Gail C 1:15 Jokes & Riddle 2:00 Classic Oldies 3:00 State Fair</p>	<p>9:35 Chair Yoga 10:00 Short Story Club 1:15 Music Trivia 2:00 Nature Sounds 3:00 Humor Hour</p>
<p>9:35 Scarf Swirls 10:00 Bowling Club 1:15 Current Events Talk 2:00 Happy Birthday Bonnie 3:00 Spiritual Songs</p>	<p>9:35 Chair Yoga 10:00 Labor Day Trivia 1:15 True or False ?s 2:00 Ocean Waves 3:00 The Sound of Music</p>	<p>9:35 Scarf Swirls 10:00 Loteria 1:15 Dice ID Songs 2:00 Audio Poetry 3:00 Movement Hour</p>	<p>9:35 Chair Yoga 10:00 Travel to Spain 1:15 Audio Poetry 2:15 Sept's Birthdays Celebration</p>	<p>9:35 Scarf Swirls 10:00 Word Search 1:15 Touring Museums 2:00 Happy Birthday Lisa 2:30 Meet & Greet Social</p>	<p>9:35 Chair Yoga 10:30 International Literacy Day w/ Gail C 1:15 Places Trivia 2:00 Classic Guitar 3:00 Oklahoma</p>	<p>9:35 Breath & Relax 10:00 Beach Ball Bash 1:15 Life-Like Pets Therapy Visit 2:00 Busy Puppies 3:00 Sensory Hour</p>
<p>9:35 Morning Moves 10:00 Parachute Gather 1:15 Oldies Sing Along 2:00 Nature Sounds 3:00 Movement Hour</p>	<p>9:35 Scarf Swirls 10:00 Hand Massages 1:15 Life-Like Pet Visit 2:00 Classic Oldies 3:00 The Little Rascals</p>	<p>9:35 Morning Moves 10:00 Cards Match 1:15 Jokes & Riddles 2:00 Meditation Zens 3:00 Sensory Hour</p>	<p>9:35 Scarf Swirls 10:00 Castles Tours 1:15 Places Trivia 2:00 Nature Sounds 3:00 The Dean Martin Show</p>	<p>9:35 Morning Moves 10:00 Bubbles Galore 1:30 Jokes & Riddles 2:30 Meet & Greet Social</p>	<p>9:35 Scarf Swirls 10:30 Literature w/ Gail C 1:15 Music Trivia 2:00 Relaxing Waterfalls 3:00 Brigadoon</p>	<p>9:35 Posture & Flexes 10:00 Clay Sculpting 1:15 Travel to England 2:00 Nature Sounds 3:00 Movement Time</p>
<p>9:35 Breath & Relax 10:00 Puzzle Connect 1:15 Jokes & Riddles 2:00 Travel Sceneries 3:00 Spiritual Songs</p>	<p>9:35 Ring Tug 10:30 Stefana D Therapy Music 1:15 Current Events Talk 2:00 Funny Baby Clips 3:00 Billie Elliot</p>	<p>9:35 Breath & Relax 10:00 Art Painting-1 1:30 Life-like Pet Visit 2:00 Lively Forest 3:00 Tactile Hour</p>	<p>9:35 Ring Tug 10:00 Travel Sceneries 1:30 Luau Party Live Music by Carole MacNeil</p>	<p>9:35 Breath & Relax 10:00 Art Painting-2 1:15 Dice ID Songs 2:30 Meet & Greet Social</p>	<p>9:35 Ring Tug 10:30 Literature w/ Gail C 1:15 Current Events talk 2:00 Greece Travel 3:00 South Pacific</p>	<p>9:35 Breath & Relax 10:00 Bingo 1:15 Audio Poetry 2:00 Meadows Sceneries 3:00 Game Hour</p>
<p>9:35 Flexes w/ Balloon 10:00 Crossword Puzzle 1:15 Travel to India 2:00 Forest Animals 3:00 Sports Hour</p>	<p>9:35 Yoga Dance 10:00 Skeet Ball Target 1:15 Beach Ball Bash 2:00 Relaxing Waterfalls 3:00 Take Me out To The Ball Game</p>	<p>9:30 Scarf Swirls 10:00 Guess where Am I? 1:15 Today in History 2:00 Happy Birthday Bill 3:00 Humor Hour</p>	<p>9:35 Yoga Dance 10:30 Travel W/ Arden 1:15 Karaoke Fun 2:00 Classic Oldies 3:00 The Wheel of Fortune</p>	<p>9:35 Flexes w/ Balloon 10:00 Socks' Soulmates 1:00 Art w/ Tonya From CCHH&H 2:30 Arden's Fun Social</p>	<p>9:35 Yoga Dance 10:30 Literature w/ Gail C 1:15 Stories Sharing 2:00 Meditation Zens 3:00 The Pirate</p>	<p>9:35 Wake Up Moves 10:00 Bingo 1:15 Oldies Sing Along 2:00 Happy Birthday Yolanda</p>

It is Luau Time!

Please join us on **Wednesday the 20th at 1:30p.m.** for a fun HAWAIIAN time!
Enjoy light appetizers and refreshments. **Live Music by Carole McNeil.**
RSVP with Michelle@VillaAlamar.com by **Friday the 8th**

