


































SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:35 Morning Moves 10:00 Giant Loteria 1:15 Trivia-Museums 2:00 Meditation Zens 3:00 Singing in The Rain 	9:35 Chair Yoga 10:00 Sentence Words Search 1:15 Jokes & Riddles 2:00 Nature Sounds 3:00 Sports Hour	9:35 Morning Moves 10:30 Travel w/Arden  1:15 Spin & Win 2:00 Calm Deep Ocean 3:00 Bonanza Hour	9:35 Chair Yoga 10:00 Music Trivia 1:30 Cinco De Mayo Celebration  2:45 Arden's Fun Social 	9:35 Morning Moves 10:30 Literature w/ Gail C  1:15 Cinco De Mayo Trivia 2:00 Anna May's B-day  3:00 Calamity Jane 	9:35 Chair Yoga 10:00 Mandala Coloring 1:15 Weekend Trivia 2:00 Nature Sounds 3:00 Humor Hour
9:35 Sit-Fit Aerobics 10:00 Relaxed Hand Massages 1:15 Beach Ball Bash 2:00 Classic Jazz 3:00 Tactile Hour	9:35 Postures & Flexes 10:00 Word Scramble 1:15 Poetry Club 2:00 Ocean Waves 3:00 Annie Get Your Gun 	9:35 Jennifer's B-day  10:00 Motherly Poetry 1:30 Mother's Day Celebration  Live Music By Carole McNeil	9:35 Sit-Fit Aerobics 10:30 Travel w/Arden  1:15 Beach Ball Bash 2:00 Nature Sounds 3:00 Dean Martin Show	9:35 Postures & Flexes 10:00 Giant Jenga 1:15 Life-like Pet Visit 2:30 Arden's Fun Social 	9:35 Sit-Fit Aerobics 10:30 Literature w/ Gail C  1:15 Today in History 2:00 Classic Guitar 3:00 Oklahoma 	9:35 Postures & Flexes 10:00 Bingo 1:15 Hearst Castle Tour 2:00 Busy Puppies 3:00 Sensory Hour
9:35 Wake Up Moves 10:00 Bowling Alley 1:15 Mother's Day Trivia 2:00 Nature Sounds 3:00 Spiritual Songs	9:35 Noodle Waving 10:00 Bingo 1:15 Karaoke Fun 2:00 Classic Oldies 3:00 Flower Drum Song 	9:35 Wake Up Moves 10:00 Aqua Paintings 1:15 Music Trivia 2:00 Meditation Zens 3:00 Sensory Hour	9:35 Noodle Waving 10:30 Travel w/Arden  1:15 Jokes & Riddles 2:00 May's Birthdays Celebrations  3:00 Bonanza Hour	9:35 Wake Up Moves 10:00 Socks' Soulmates 1:15 Beach Ball Bash 2:30 Arden's Fun Social 	9:35 Noodle Waving 10:30 Literature w/ Gail C  1:15 Whose Face is This? 2:00 Relaxing Waterfalls 3:00 Carrousel 	9:35 Breath & Relax 10:00 Dominoes Match 1:15 Lyrics Sing Along 2:00 Nature Sounds 3:00 Movement Time
9:35 Yoga Dance 10:00 Clay Sculpting 1:15 Short Story Club 2:00 Travel Sceneries 3:00 Sports Hour	9:35 Stretch & Hug-Self 10:00 Puzzle Connect 1:15 Current Events Talk 2:00 Funny Baby Clips 3:00 Overboard 	9:35 Yoga Dance 10:00 Art Canvas Panting 1:30 Life-like Pet Visit 2:00 Lively Forest 3:00 Tactile Hour	9:35 Stretch & Hug-Self 10:30 Travel w/Arden  1:15 Story Telling 2:00 Kathleen's B-day  3:00 Dean Martin Show	9:35 Yoga Dance 10:00 Sentence Words Search 1:00 Art w/ Tonya From CCHH&H  2:30 Arden's Fun Social 	9:35 Stretch & Hug-Self 10:30 Literature w/ Gail C  1:15 Poetry Club 2:00 Greece Travel 3:00 Cinderella 	9:35 Yoga Dance 10:00 Loteria 1:15 Missions Tours 2:00 Frank's B-day  3:00 Game Hour
9:35 Breath & Relax 10:00 Word Scramble 1:15 Poetry Club 2:00 Barbara's B-day  3:00 Spiritual Songs	 9:35 Calm Aerobics 10:00 Dominoes Match 12:00 Memorial Day Barbecue Gathering  3:00 Oliver  	9:35 Breath & Relax 10:00 Bowling Alley 1:15 Karaoke Singing 2:00 Zen-Minds at Ease 3:00 Humor Hour	9:35 Calm Aerobics 10:30 Travel W/ Arden  1:15 Jokes & Riddles 2:00 Classic Oldies 3:00 Bonanza Hour	 Anna May 5-5th Kathleen 5-24th Barbara 5-28th		Jennifer 5-9th Frank 5-27th

MOTHER'S DAY CELEBRATION

Please join us on Tuesday, May 9th at 1:30 p.m for tea to celebrate our beautiful Mothers in their special day!

Live concert by Carole McNeil. RSVP with Michelle@VillaAlamar.com by May 2nd