

# NOVEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p><b>Gloria B Nov 21st</b></p>		<p><b>01</b></p> <p>9:30 SitFit Aerobics 10:30 Live Guitar w/ VNA's Stefana Dadas 1:30 Country Music 2:30 Life-Like Pet Visit 3:00 Games Hour</p>	<p><b>02</b></p> <p>9:30 SitFit Aerobics 10:30 Travel w/ Arden 1:30 Oldies Sing Along 2:30 Poetry Reading 3:00 Games Hour</p>	<p><b>03</b></p> <p>9:30 SitFit Aerobics 10:30 Watercolors Paints 1:30 Karaoke 2:30 World of Interest w/ Arden Day</p>	<p><b>04</b></p> <p>9:30 SitFit Aerobics 10:30 Dominoes 1:30 Rock &amp; Roll 2:30 Bowling Club 3:00 Games Hour</p>	<p><b>05</b></p> <p>9:30 SitFit Aerobics 10:30 Bingo 1:30 Oldies Music 2:30 Puzzle Fun 3:00 Games Hour</p>	
<p><b>06</b></p> <p>9:30 Hymn Singing 10:30 Loteria 1:30 Funny Animals Video 2:30 Puzzle Fun 3:00 Exercise Class</p>	<p><b>07</b></p> <p>9:30 Stretch &amp; Balance 10:30 Puzzles Fun 1:30 Ocean Creatures Film 2:30 Sock Match &amp; Fold 3:00 Ball Catch &amp; Toss</p>	<p><b>08</b></p> <p>9:30 Stretch &amp; Balance 10:30 Bingo 1:30 Funny Babies Video 2:30 Giant Jenga 3:00 Poetry Listening</p>	<p><b>09</b></p> <p>9:30 Stretch &amp; Balance 10:30 Travel w/ Arden 1:30 Funny Fails Clips 2:30 Spin &amp; Win 3:00 Volley Balloon</p>	<p><b>10</b></p> <p>9:30 Stretch &amp; Balance 10:30 Watercolors 1:30 Wild Animals Film 2:30 World of Interest w/ Arden Day</p>	<p><b>11</b></p> <p>9:30 Stretch &amp; Balance 10:30 Giant Jenga 1:30 Funny People Videos 2:30 Drawing Class 3:00 Veteran's Day Trivia</p>	<p><b>12</b></p> <p>9:30 Stretch &amp; Balance 10:30 Match Cards Game 1:30 Funny Fails Clips 2:30 Bowling Fun 3:00 Parachute Fun</p>	
<p><b>13</b></p> <p>9:30 Hymn Singing 10:30 Story Telling 1:30 Oldies Music 2:45 Game &amp; Puzzle Week 3:00 Exercise Class</p>	<p><b>14</b></p> <p>9:30 Volley Balloon 10:30 Toss &amp; Catch Ball 1:30 Rock &amp; Roll 2:45 Game &amp; Puzzle Week 3:00 Jokes &amp; Riddles</p>	<p><b>15</b></p> <p>9:30 Volley Balloon 10:30 Live Guitar w/ VNA'S Stefana Dadas 1:30 Karaoke 2:45 Game &amp; Puzzle Week 3:00 Jokes &amp; Riddles</p>	<p><b>16</b></p> <p>9:30 Volley Balloon 10:30 Travel w/ Arden 1:30 Oldies Sing Along 2:45 Game &amp; Puzzle Week 3:00 Jokes &amp; Riddles</p>	<p><b>17</b></p> <p>9:30 Volley Balloon 10:30 Drawing Class 1:30 Country Music 2:30 World of Interest w/ Arden Day</p>	<p><b>18</b></p> <p>9:30 Volley Balloon 10:30 Puzzle Fun 1:30 Sing Along 2:30 Birthdays Party &amp; Live Concert w/ Rod Robles</p>	<p><b>19</b></p> <p>9:30 Volley Balloon 10:30 Poetry Reading 1:30 Karaoke 2:30 Game &amp; Puzzle Week 3:00 Jokes &amp; Riddles</p>	
<p><b>20</b></p> <p>9:30 Hymn Singing 10:30 Bingo 1:30 Travelodge Film 2:30 Bubble Fun 3:00 Exercise Class</p>	<p><b>21</b></p> <p>9:30 Sit &amp; Wiggle Dance 10:30 Bean Bag Toss 1:30 Travelodge Film 2:30 Gloria's Birthday 3:00 People Trivia</p>	<p><b>22</b></p> <p>9:30 Sit &amp; Wiggle Dance 10:30 Word Search 2:00 Thanksgiving Treats and Tea 3:00 Oceanic Trivia</p>	<p><b>23</b></p> <p>9:30 Sit &amp; Wiggle Dance 10:30 Travel w/ Arden 1:30 Travelodge Film 2:30 Small Jenga Game 3:00 Travel Trivia</p>	<p><b>24</b></p> <p>9:00 Sit &amp; Wiggle Dance 10:30 Dominoes 1:30 Travelodge Film 2:30 Ball Catch &amp; Toss 3:00 Thanksgiving Trivia</p>	<p><b>25</b></p> <p>9:30 Sit &amp; Wiggle Dance 10:30 Story Telling 1:30 Travelodge Film 2:30 Jokes &amp; Riddles 3:00 Dogs Trivia</p>	<p><b>26</b></p> <p>9:30 Sit &amp; Wiggle Dance 10:30 Puzzle Fun 1:30 Travelodge Film 2:30 Bowling Club 3:00 Food Trivia</p>	
<p><b>27</b></p> <p>9:30 Hymn Singing 10:30 Clay Sculpting 1:30 Memory Lane Music 2:30 Bowling Club 3:00 Exercise Class</p>	<p><b>28</b></p> <p>9:30 Chair Yoga 10:30 Uno Card Game 1:30 Memory Lane Music 2:30 Baseball Balloon 3:00 Reading Club</p>	<p><b>29</b></p> <p>9:30 Chair Yoga 10:30 Bingo 1:30 Memory Lane Music 2:30 Poetry Reading 3:00 Reading Club</p>	<p><b>30</b></p> <p>9:30 Chair Yoga 10:30 Travel w/ Arden 1:30 Memory Lane Music 2:30 Uno Card Game 3:00 Reading Club</p>				

RSVP by November 15

## Thanksgiving Treats and Tea

Tuesday, November 22<sup>nd</sup> at 2pm.

Come and Enjoy Delicious Treats with Your Loved Ones  
in a Loving Atmosphere with a Calm instrumental Background Music.

