

# MAY



| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |   |
|--|---|---|---|--|---|--|---|
| <b>1</b><br>9:30 Morning Moves<br>10:30 Rock Painting<br>1:30 Short Story Club<br>2:30 Bean Bag Toss<br>3:30 Spiritual Songs         | <b>2</b><br>9:30 Morning Moves<br>10:30 Poetry Club<br>1:30 Bowling Fun<br>2:30 3D painting Art<br>3:30 Garden Walk                     | <b>3</b><br>9:30 Morning Moves<br>10:15 Jokes & Riddles<br>1:30 Poetry Club<br>2:30 Bingo<br>3:30 Volley Balloon  | <b>4</b><br>9:30 Morning Moves<br>10:30 <b>Travel w/Arden</b><br>1:30 <b>Jane's B-D</b> 🎈<br>2:30 Food Trivia<br>3:30 Let's Go 4A Stroll  | <b>5</b><br>9:30 Morning Moves<br>10:30 5 De Mayo Trivia<br>1:30 <b>May's B-D</b> 🎈<br>2:30 <b>Mother's Day Celebration</b><br><i>w/ Carole McNeil</i> | <b>6</b><br>9:30 Morning Moves<br>10:30 Bubble Clusters<br>1:30 Motherly Poetry<br>2:30 Sock Match & Fold<br>3:30 Friday Fun Film                     | <b>7</b><br>9:30 Morning Moves<br>10:30 Loteria<br>1:30 Puzzle Fun Time<br>2:30 Weekend Trivia<br>3:30 Evening Walk          |   |
| <b>8</b><br>9:30 SitFit Aerobics<br>10:30 Lyrics Sing Along<br>1:30 Ball Catch&Throw<br>2:30 Motherly Poetry<br>3:30 Spiritual Songs | <b>9</b><br>9:30 SitFit Aerobics 🎈<br>10:30 Loteria<br>1:30 <b>Jennifer's B-D</b> 🎈<br>2:30 Bubble Clusters<br>3:30 Evening Walk        | <b>10</b><br>9:30 SitFit Aerobics<br>10:15 Watercolors Paint<br>1:30 <b>Live Concert w/ Rod Robles</b><br>2:30 Name That Tune<br>3:30 Sock Match&Fold       | <b>11</b><br>9:30 SitFit Aerobics<br>10:30 <b>Travel w/Arden</b><br>1:30 Animal Trivia<br>2:30 Clay Sculpting<br>3:30 Evening Stroll  | <b>12</b><br>9:30 SitFit Aerobics<br>10:30 Bowling Fun<br>1:30 Music Trivia<br>2:30 <b>Arden's Fun Social</b>  | <b>13</b><br>9:30 SitFit Aerobics<br>10:30 Scribble Words<br>1:30 Today in History<br>2:30 <b>May Birthdays Celebration</b> 🎂<br>3:30 Friday Fun Film | <b>14</b><br>9:30 SitFit Aerobics<br>10:30 Bingo<br>1:30 Dominoes<br>2:30 Clay Sculpting<br>3:30 Scribble Words              |   |
| <b>15</b><br>9:30 Noodle Stretch<br>10:30 Relaxing Hand Massage<br>1:30 Story Telling<br>2:30 Bowling Fun<br>3:30 Spiritual Songs    | <b>16</b><br>9:30 Noodle Stretch<br>10:30 Puzzle Fun Time<br>1:30 Animal Trivia<br>2:30 Uno Card Game<br>3:30 <i>Let's Go 4A Stroll</i> | <b>17</b><br>9:30 Noodle Stretch<br>10:15 <b>Live Guitar w/ Stefana Dadas</b> 🎸<br>1:30 Music Trivia<br>2:30 Short Story Club<br>3:30 <i>Volley Balloon</i> | <b>18</b><br>9:30 Noodle Stretch<br>10:30 <b>Travel w/Arden</b><br>1:30 Relaxing Hand Massage<br>2:30 Bingo<br>3:30 Oldies Sing Along   | <b>19</b><br>9:30 Noodle Stretch<br>10:30 Sing Along<br>1:30 Ball Catch&Throw<br>2:30 <b>Arden's Fun Social</b>  | <b>20</b><br>9:30 Noodle Stretch<br>10:15 Match Card Game<br>1:30 Giant Jenga<br>2:30 Whose Face is This?<br>3:30 Friday Fun Film                     | <b>21</b><br>9:30 Noodle Stretch<br>10:30 Puzzle Fun Time<br>1:30 Lyrics Sing Along<br>2:30 Loteria<br>3:30 Short Story Club |   |
| <b>22</b><br>9:30 Yoga Dance<br>10:30 Mandala Painting<br>1:30 Short Story Club<br>2:30 Puzzle Fun<br>3:30 Spiritual Songs           | <b>23</b><br>9:30 Yoga Dance<br>10:30 Clay Sculpting<br>1:30 Current Events Trivia<br>2:30 Short Story Club<br>3:30 Garden Walk         | <b>24</b><br>9:30 Yoga Dance<br>10:15 Sock Match & Fold<br>1:30 <b>Kathleen's B-D</b> 🎈<br>2:30 Poetry Reading<br>3:30 Card Match Game                      | <b>25</b><br>9:30 Yoga Dance<br>10:30 <b>Travel w/Arden</b><br>1:30 Story Telling<br>2:30 Loteria<br>3:30 Let's Go 4A Stroll  | <b>26</b><br>9:30 Yoga Dance<br>10:30 Bowling Fun<br>1:30 <b>Art w/ Tonya From CCHH&amp;H</b><br>2:30 <b>Arden's Fun Social</b>                        | <b>27</b><br>9:30 Yoga Dance<br>10:30 Mother's Day Trivia<br>1:30 <b>Frank's B-D</b> 🎈<br>2:30 Uno Card Match<br>3:30 Friday Fun Film 🎁               | <b>28</b><br>9:30 Yoga Dance<br>10:30 Bingo<br>1:30 <b>Barbara's B-D</b> 🎈<br>2:30 Reading Club<br>3:30 Evening Walk         |   |
| <b>29</b><br>9:30 Breath & Relax<br>10:30 Relaxing Hand Massage<br>1:30 Poetry Club<br>2:30 Uno Card Match<br>3:30 Spiritual Songs   | <b>30</b><br>9:30 Breath & Relax<br>10:30 Bingo<br>1:30 Cross Word Puzzles<br>2:30 Short Story Club<br>3:30 Oldies Sing Along           | <b>31</b><br>9:30 Breath & Relax<br>10:30 Bowling Fun<br>1:30 Karaoke Singing<br>2:30 Puzzle Fun Time<br>3:30 Sock Match & Fold                             |  <p><b>May Birthdays Celebration:</b><br/> <b>May 13, 2:30 pm</b><br/> <i>This month's birthdays:</i><br/> <b>Jane 4th—May 5th—Jennifer 9th—Kathleen 24th—Frank 27th—Barbara 28th</b></p> |  |   |  |  |



**MOTHER'S DAY CELEBRATION**

*Please join us on Thursday, May 5th at 2:30 p.m. to celebrate our beautiful Mothers in their special day!*

*Live concert by Carole McNeil. RSVP with Michelle@VillaAlamar.com by May 2nd*