
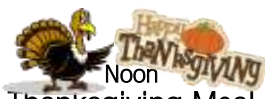





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November Birthdays: 21—Gloria 28—Sandy 21—Len 	1 9:30 Wake Up Moves 10:30 Hymns Singing 1:30 Card-Match Game 2:30 Mandala Coloring 3:30 Bowling	2 9:30 Morning Stretches 10:30 Word Scramble 1:30 <i>Trivia:</i> Dia de los Muertos 2:30 Bingo 3:30 Guess Who? Game	3 9:30 Exercise With Ball 10:30 Arden's : Fun Social 1:30 Watercolor Art 2:30 Short Stories 3:30 Garden Walk	4 9:30 Calm Aerobics 10:30 Manicures 1:30 Animal Trivia 2:30 Travel w/Arden	5 9:30 Yoga Chair Dance 10:30 Spin And Win 1:30 Color Clay Creations 2:30 Jokes & Riddles 3:30 Word Search	6 9:30 Chairs In Motion 10:30 Loteria 1:30 Creative Writing 2:30 Crosswords Puzzles 3:30 Ball Toss Game
7 9:30 Noodles Twists 10:30 Card-Match Game 1:30 Nature Film 2:30 Color Clay Creations 3:30 Gardening	8 9:30 Wake Up Moves 10:30 Manicures 1:30 Loteria 2:30 Garden Walk 3:30 Giant Jenga	9 9:30 Morning Stretches 10:30 Bowling 1:30 Spiritual Poetry 2:00 Live Concert with Rod Robles	10 9:30 Exercise With Ball 10:30 Travel w/Arden 1:30 Name That Tune 2:30 Spin And Win 3:30 SingAlong w/Lyrics	11 9:30 Calm Aerobics 10:30 Puzzles Tables 1:30 Cards Match Games 2:30 Arden's: Fun Social	12 9:30 Yoga Chair Dance 10:30 SingAlong w/Lyrics 1:30 Sock Matching 2:30 3D Flower vase art 3:30 Parachute Balls	13 9:30 Chairs In Motion 10:30 Bingo 1:30 Word Search 2:30 Watercolor Art 3:30 Garden Walk
14 9:30 Noodles Twists 10:30 Bowling 1:30 Hymns Singing 2:30 Bingo 3:30 Ball Toss Game	15 9:30 Yoga Flexes 10:30 Word Search 1:30 Spiritual Poetry 2:30 3-D Stone Art 3:30 Garden Walk	16 9:30 Chairs In Motion 10:30 <i>Trivia:</i> Famous Places 1:30 Short Stories 2:30 Puzzle Tables 3:00 Spiritual Poetry	17 9:30 Wiggle Moves 10:30 Arden's: Fun Social 1:30 Drawing Class 2:30 Jokes And Riddles 3:30 Bubble Fun	18 9:30 Noodle Twists 10:30 Thanksgiving Trivia  Thanksgiving Meal 2:30 Travel w/Arden	19 9:30 Chairs In Motion 10:30 Puzzle Tables 1:30 Penny Ante 2:30 Gems Art Designs 3:30 Garden Walk	20 9:30 Morning Stretch 10:30 Bowling 1:30 Crosswords Puzzles 2:30 Mandala Colors 3:30 Bubble Fun
21 9:30 Calm Aerobics 10:30 Crossword Puzzle 1:30 Short Stories 2:30 States Trivia 3:30 Volley Balloon	22 9:30 Yoga Flexes 10:30 Pin And Win 1:30 Spiritual Poetry 2:30 Sock Matching 3:30 Bubble Fun	23 9:30 Chairs In Motion 10:30 SingAlong w/Lyrics 1:30 Nature Film 2:30 Bingo 3:30 Ball Toss Game	24 9:30 Wiggle Moves 10:30 Travel w/Arden 1:30 Bubble Fun 2:30 Watercolor Art 3:30 Garden Walk	25 9:30 Noodle Twists 10:30 Loteria 1:30 Spiritual Poetry 2:30 Thanksgiving Film 3:30 History Trivia	26 9:30 Chairs In Motion 10:30 Word Search 1:30 Travel Trivia 2:30 SingAlong w/Lyrics 3:30 Parachute Balls	27 9:30 Morning Stretch 10:30 Loteria 1:30 Watercolor Art 2:30 Short Stories 3:30 Garden Walk
28 9:30 Calm Aerobics 10:30 Bingo 1:30 SingAlong w/Lyrics 2:30 Color Clay Creations 3:30 Parachute Balls	29 9:30 Wake Up Moves 10:30 Sudoku 1:30 Card-Match Game 2:30 Name That Tune 3:30 Spiritual Poetry	30 9:30 Morning Stretches 10:30 Crossword Puzzle 1:30 Jokes & Riddles 2:30 Short Stories 3:30 Volley Balloon	 <p>Family Members and Friends are invited to join us for Turkey Meal on Thursday, 18th. (\$10/Person) RSVP with Michelle@VillaAlamar.com</p>			