



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <span style="font-size: 2em; color: red; font-family: cursive;">Happy Mother's Day!</span> 						9:30 Chairercise 1 10:30 Art Tables 1:00 Sing Along 2:30 Volley Balloon
2 9:00 Hymn Singing 10:30 Ball Toss 1:00 Bingo 2:30 Bowling 3:30 World Trivia	3 9:00 Mon. Movement 10:30 Birdwatchers 1:00 Reading Aloud 2:30 Ball Toss 3:30 TongueTwisters	4 9:00 Sunrise Stretch 10:30 Growing Seeds 1:00 Chorus 2:30 Volley Balloon 3:30 Poetry Reading	5 9:00 Wed. Workout 10:30 Hangman 1:00 Creative Writing 2:30 Parachute Ball 4:00 Fishing Numbers	6 9:00 Breathing/Posture 10:30 Letter Writing 1:00 Nature Film 2:30 Noodle Workout 3:30 What's <i>This</i> ?	7 9:00 Morning Warm-up 10:30 Word Jumbles 1:00 Short Stories 2:30 Ball Toss 3:30 Trivia Games	8 9:30 Chair Yoga 10:30 Bingo 1:00 Creative Writing 2:30 Bowling 3:30 Puzzle Tables
9 9:00 Chairercise 10:30 Hymn Singing 1:00 Painting Class 2:30 Ball Toss 3:30 Penny Ante	10 9:00 Seated Dance 10:30 Making Cards 1:00 Nature Film <b>2:00 MOTHER'S DAY PARTY!</b>	11 9:00 Seated Exercise 10:30 Word Jumbles 1:00 Reading Aloud 2:30 Ball Toss 3:00 What's <i>This</i> ?	12 9:00 Morning Moving 10:30 Birdwatchers 1:00 Short Stories 2:30 Noodle Workout 3:30 Riddles & Jokes	13 9:00 Sunrise Stretch 10:30 Growing Seeds 1:00 Travel Club 2:30 Volley Balloon 3:30 Crosswords	14 9:00 Breathing/Posture 10:30 Hangman 1:00 Chorus 2:30 Parachute Ball 3:30 Fishing Numbers	15 9:30 Chairercise 10:30 Watercolor 1:00 Sing Along 2:30 Ball Toss 3:30 Hand Massages
16 9:00 Chair Yoga 10:30 Puzzle Tables 1:00 Bubble Fun 2:30 Bingo 3:30 Hymn Singing	17 9:00 Sunrise Stretch 10:30 Gardening 1:00 Book Club 3:00 Ball Toss 4:00 Word Jumbles	18 9:00 Seated Dance 10:30 Word Search 1:00 World Trivia 2:30 Noodle Fun 3:30 Number Game	19 9:00 Wed. Workout 10:30 Seed Journals 1:00 Sing Along 2:30 Volley Balloon 3:30 What's <i>This</i> ?	20 9:00 Seated Exercise 10:30 Art Tables 1:00 Short Stories 2:30 Bowling 3:30 Word Games	21 9:00 Chairercise 10:30 Birdwatchers 1:00 Chorus 2:30 Bingo 3:30 Puzzle Tables	22 9:30 Chair Yoga 10:30 Card Games 1:00 Drawing 2:30 Ball Toss 3:30 Penny Ante
23 9:00 Sunrise Stretch 10:30 Hymn Singing 1:00 Bingo 2:30 Volley Balloon 3:30 Trivia Games	24 9:00 Mon. Movement 10:30 Drawing Class 1:00 Short Stories 2:30 Parachute Ball 3:30 Numbers Games	25 9:00 Chairercise 10:30 Seed Journals 1:00 Book Club 2:30 Noodle Workout 3:30 Bubble Fun	26 9:00 Seated Exercise 10:30 Bingo 1:00 Sing Along <b>2:00 MAY BIRTHDAY PARTY!</b>	27 9:00 Morning Exercise 10:30 Birdwatchers 1:00 Musical Tour 2:30 Art w/TONYA! 4:00 Gardening	28 9:00 Sunrise Stretch 10:30 Hangman 1:00 Nature Film 2:30 Puzzle Tables 3:30 Word Jumbles	29 9:30 Morning Moves 10:30 Art Tables 1:00 Sing Along 2:30 Bingo 3:30 Puzzle Tables
30 9:00 Hymn Singing 10:30 Bowling 1:00 Creative Writing 2:30 Chair Yoga 3:30 Crosswords	31 9:00 Morning Exercise 10:30 Bingo 1:00 Singing 2:30 Volley Balloon 3:30 What's <i>This</i> ?	<b>Birthdays this month: Anna May, Jennifer, Kathleen, Frank, Barbara</b> <b>Happy Birthday everyone!</b>				
<b>Special days this month: Cinco de Mayo, May 5; Mother's Day, May 9; Memorial Day, May 31</b>						

Villa Alamar

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Schedule is subject to change. Snacks are served daily at 10 a.m. and 2 p.m.