

JANUARY

HAPPY NEW YEAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Join us for our first smashing bash of 2019: Go Bananas! Music by Snapshot Band Saturday, January 19th, 1:30 p.m.</p>		<p>1 9:00 Bingo 10:30 Painting class 11:00 Jenga Fun 1:00 Pet Therapy 1:30 Big Crosswords 2:00 Parachute Fun 2:30 Fun w/Arden</p>	<p>2 9:00 Balloon Fun 9:30 Stretch& Balance 10:30 Bowling 11:00 Penny Ante 1:30 Church Service 2:30 Music w/Oscar & Trudy</p>	<p>3 9:00 SitFit Aerobics 9:30 Lotteria Game 10:30 Piano w/Maria 11:00 Trivia Time 1:30 Watercolor Class 2:30 Fun w/Arden</p>	<p>4 9:00 SitFit Aerobics 9:30 Sing and Dance 10:30 Word Search 11:00 Ball Toss Games 1:30 Big Crosswords 2:30 Parachute Fun 3:00 Music w/Maria</p>	<p>5 9:00 SitFit Aerobics 10:30 Flower Arranging 1:30 Bingo 2:00 Ice Cream Cart 3:00 Resident Choice</p>
<p>6 9:30 SitFit Aerobics 10:30 Singing Time 1:30 Game Hour 2:30 Lotteria 3:00 Bowling Club & Exercise Class</p>	<p>7 9:00 Chair Aerobics 9:30 Balloon Fun 10:30 Music w/Gem 1:30 Card Games 2:30 Penny Ante 3:00 Music w/ Maria</p>	<p>8 9:00 Bingo 10:30 Parachute Fun 11:00 Big Crosswords 1:00 Pet Therapy 1:30 Bingo 2:00 Fun w/Arden</p>	<p>9 9:00 Balloon Fun 9:30 Stretch& Balance 10:30 Bowling 11:00 Word Games 1:30 Church Service 2:30 Jenga Club 3:00 Trivia Time</p>	<p>10 9:00 Exercises w/Zoe 9:30 Lotteria Game 10:30 Piano w/Maria 11:00 Trivia Time 1:30 Arts and Crafts 2:30 Fun w/Arden</p>	<p>11 9:00 SitFit Aerobics 9:30 Sing and Dance 10:30 Music w/Carole 11:00 Bingo 1:30 Jenga Club 2:30 State Trivia 3:00 Music w/Maria</p>	<p>12 9:00 SitFit Aerobics 10:30 Flower Arranging 1:30 Bingo 2:00 Ice Cream Cart 3:00 Jenga Club</p>
<p>13 9:30 SitFit Aerobics 10:30 Singing Time 1:30 Game Hour 2:00 Salvation Army visits 3:00 Bowling Club & Exercise Class</p>	<p>14 9:00 Chair Aerobics 9:30 Balloon Fun 10:30 Music w/Gem 1:30 Music with Brian 2:30 Watercolor Class 3:00 Music w/Maria</p>	<p>15 9:00 Bingo 9:30 Trivia Fun 10:30 Big Crosswords 11:00 Word Search 1:30 Pet therapy 2:30 Fun with Arden</p>	<p>16 9:00 Balloon Fun 9:30 Stretch& Balance 10:30 Penny Ante 11:00 Big Crosswords 1:30 Church Service 2:30 Music w/Oscar & Trudy</p>	<p>17 9:00 SitFit Aerobics 9:30 Lotteria Game 10:30 Piano w/Maria 11:00 Book Club 1:30 Word Search 2:30 Fun w/Arden</p>	<p>18 9:00 Balloon Fun 9:30 Stretch & Balance 10:30 Sing a Long 11:00 Word Games 2:30 World Trivia 3:00 Music w/Maria</p>	<p>19 9:00 SitFit Aerobics 10:30 Flower arranging 11:00 Crosswords 1:30 Go Bananas Party!</p>
<p>20 9:30 SitFit Aerobics 10:30 Singing Time 1:30 Game Hour 2:30 Bowling 3:00 Exercise Class</p>	<p>21 9:00 Chair Aerobics 9:30 Balloon Fun 10:30 Music w/Gem 1:30 Card Games 2:30 Penny Ante 3:00 Music w/Maria</p>	<p>22 9:00 Bingo 10:30 Parachute Fun 11:00 Big Crosswords 1:00 Pet Therapy 1:30 Bingo 2:00 Fun w/Arden</p>	<p>23 9:00 Balloon Fun 9:30 Stretch& Balance 10:30 Drawing Class 11:00 Penny Ante 1:30 Church Service 2:30 Dominoes 3:00 Holiday Trivia</p>	<p>24 9:00 SitFit Aerobics 9:30 Lotteria Game 10:30 Piano w/Maria 11:00 Book Club 1:30 Arts and Crafts 2:30 Fun w/Arden</p>	<p>25 9:00 SitFit Aerobics 9:30 Sing and Dance 10:30 Music w/Carole 11:00 Bingo 1:30 Jenga Club 2:30 Bingo 3:00 Music w/Maria</p>	<p>26 9:00 SitFit Aerobics 10:30 Flower Arranging 1:30 Bingo 2:00 Ice Cream Cart 3:00 Game Hour</p>
<p>27 9:30 SitFit Aerobics 10:30 Singing Time 1:30 Game Hour 2:30 Lotteria 3:00 Bowling Club 3:30 Exercise Class</p>	<p>28 9:00 Chair Aerobics 9:30 Balloon Fun 10:30 Music w/Gem 1:30 Music w/Rod 2:30 Watercolor Class 3:00 Music w/Maria</p>	<p>29 9:00 Bingo 10:30 Parachute Fun 11:00 Big Crosswords 1:00 Pet Therapy 1:30 Bingo 2:00 Fun w/Arden</p>	<p>30 9:00 Balloon Fun 9:30 Stretch& Balance 10:30 Bowling 11:00 Word Games 1:30 Church Service 2:30 Music Sing a long 3:00 Trivia Time</p>	<p>31 9:00 SitFit Aerobics 9:30 Lotteria Game 10:30 Piano w/Maria 11:00 Trivia Time 1:30 Watercolor Class 2:30 Fun w/Arden</p>	<p>Villa Alamar residents enjoy a wide variety of fun activities and musical entertainment. We invite our friends and family members to join us for all activities and let's Go Bananas with much joy and renewed energy in 2019!</p>	